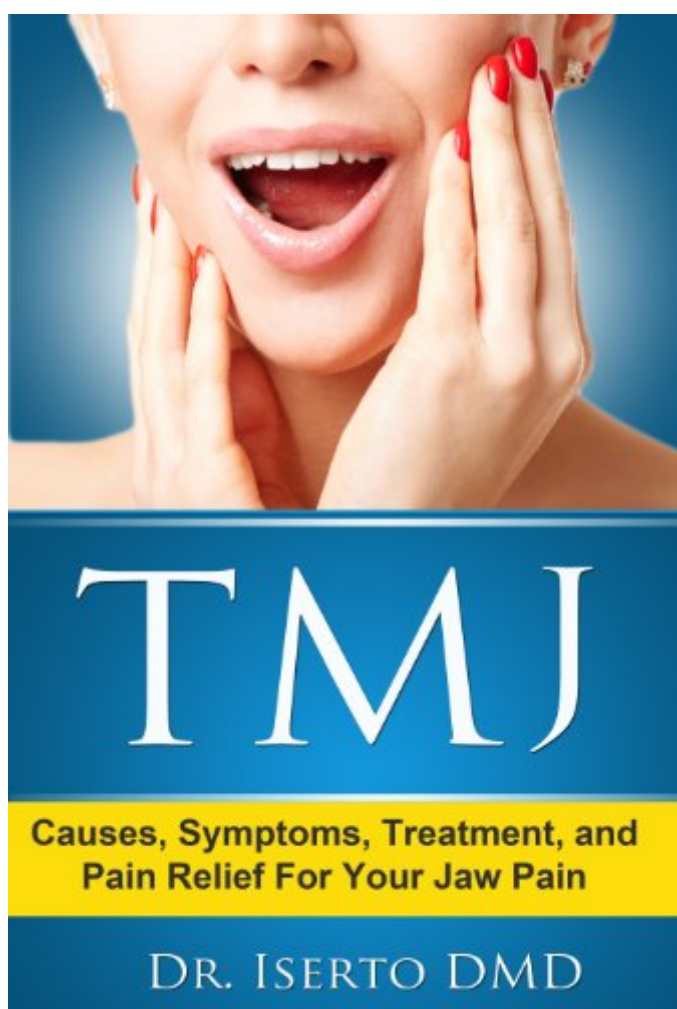


The book was found

TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, And Pain Relief For Your Jaw Pain (How To Get Rid Of Jaw Pain & Headaches Due To TMJ)



Synopsis

TMJ or Temporomandibular Joint Dysfunction In this book you will get the causes, symptoms, and treatments, as well as things to do at home to relieve jaw pain. In the United States, there is an estimated 10 million people with TMJ dysfunction. Of the lot, only 25% present actual symptoms, which means that some sufferers go on with their lives not knowing what they have. To arrive at a diagnosis, thorough history taking and a series of examinations will be performed by the otolaryngologist, oral and maxillofacial specialist or dentist. Some of the diagnostic procedures may involve the use of the clinical tests, imaging, laboratory tests and so much more. Disease Prognosis: As long as it is detected early, TMJ problems are fairly easy to address. Although some cases are only resolved after surgical intervention, much success is obtained from simple home and clinical remedies. Series of questions your dentist may ask you to diagnose TMJ: Are you finding it hard to open your mouth? Is this the first episode you experienced or have these symptoms manifested in the past? When did the symptoms start manifesting? Did you get into an accident prior to the manifestation of the symptoms? Are the symptoms constant or do they come and go? Do the symptoms manifest following a trigger? Are you taking certain medications? Are you in a lot of stress right now? Are you experiencing neck aches, toothaches and headaches frequently? Does your jaw click or pop? Is it accompanied by pain? As you can see this book will better help you understand what TMJ dysfunction is and how to get treatment. You will also learn how to treat the symptoms at home with some at home remedies. tags: tmj, temporomandibular joint dysfunction, jaw pain, treatments, symptoms, pain relief, home remedies, oral surgery, mouth pain, jaw exercises

Book Information

File Size: 2145 KB

Print Length: 20 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 25, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00J94NZMS

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #506,198 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14

inÂ Books > Medical Books > Dentistry > Craniomandibular & Temporomandibular #37 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Oral Health #128

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Homeopathy

Customer Reviews

This is a must-read for those individuals who usually experience pain in their jaws. The book offers various useful information about TMJ causes, symptoms, and treatments. I am glad I bought this book, as I am now aware about Temporomandibular Joint Dysfunction, which is something that only a few people know about.

I gave this book a 5 star rating because it had everything from causes to treatments when it comes to Temporomandibular Joint Dysfunction. Dr. Iserto DMD has a great way of writing and getting through to the reader.

About 20-30% of the adult population are affected to some degree. You may have it and don't know it. Great price for Information and treatment for pain relief of your jaw muscles. Knowledge is the greatest cure.

Written by a dentist, this helpful guide goes through the various possibilities of the causes and treatments of jaw pain. The author explains the variety of ailments that may be the problem and always recommends the importance of seeking the proper diagnosis from the appropriate medical professional. As a person who suffers from TMJ, I found his at-home treatment suggestions very helpful. (Who knew that resting your jaw on your hand puts wear and tear on your jaw muscles?) I gave four stars because the medical terms and descriptions of non-TMJ ailments gave an almost over-abundance of information but I really appreciate the specific tips on relieving and preventing TMJ until I could see my dentist.

[Download to continue reading...](#)

TMJ Temporomandibular Joint Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) 21 Home Remedies Exercises and Natural Cures for TMJ Treatment: Holistic Home remedies and natural cures for treatment of Temporomandibular Joint (TMJ) pain and its allied symptoms. How To Get Rid Of Lice:

Discover How To Get Rid Of Head Lice, Useful Home Remedies For Lice And Which Lice Treatment You Should Choose For Getting Rid Of Lice! Combat Headaches: A chiropractor's advice for those who suffer from migraines, jaw pain, sinus pain and/or tension headaches (Combat Dis-Ease) (Volume 2) The TMJ Healing Plan: Ten Steps to Relieving Headaches, Neck Pain and Jaw Disorders (Positive Options for Health) Temporomandibular Joint (TMJ) Anatomical Chart Temporomandibular Joint Disorder - Pain Relief and Rehabilitation Tinnitus No More: The Complete Guide On Tinnitus Symptoms, Causes, Treatments, & Natural Tinnitus Remedies to Get Rid of Ringing in Ears Once and for All Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Erectile Dysfunction Treatment: How to Treat Erectile Dysfunction Homemade Repellents: 31 Organic Repellents and Natural Home Remedies to Get Rid of Bugs, Prevent Bug Bites, and Heal Bee Stings (Homemade Repellents, Natural ... Homesteading, How to Get Rid of Bed Bugs) A clinical outline of temporomandibular joint diagnosis and treatment Trigger Point Therapy for Headaches and Migraines: Your Self -Treatment Workbook for Pain Relief Trigger Point Therapy for Headaches & Migraines: Your Self-Treatment Workbook for Pain Relief Erectile Dysfunction: How To Quickly And Easily Overcome Erectile Dysfunction And Impotence Naturally Without Any Medication (Men's Health, Erection Problems, Sexual Health) How to Cure Erectile Dysfunction: The Best Tips & Tricks to Cure Erectile Dysfunction and Overcome ED for Life How to Get Rid of Lice FAST: An Essential Guide to Getting Rid of Head Lice for Good Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Asthma: Treatment for beginners (2nd EDITION + BONUS CHAPTERS) - Diet, Cures and Natural Remedies to get rid of Asthma Naturally (Asthma Cure - Asthma Diet - Asthma Treatment - Asthma Tips Book 1) HEAD LICE TREATMENT-- 14 DAY TREATMENT-How to get rid of Lice

[Dmca](#)